A person who makes a נדר forbidding something upon himself until the rains start, is forbidden to use this thing until ראש חודש (in ארץ ישראל; in בסלו explains the רמ"א it is sixty days after the equinox). When this time has arrived, whether it has rained or not, he may use the object. If it rains anytime from יו חשון, he may resume his use of the object.

In the times of the ברכה אמרא was made when the rains came. The ברכה explains the reason we do not say this ברכה anymore, is that rains in our countries come with regularity.