It is אסור to eat before taking the לולב (as it is before any היום; there is an exception on ראש השנה, being as how some shuls blow so late, they make קידוש before רב יוסף; תקיעת שופר יוסף; תקיעת שופר יוסף before רב יוסף אופר יוסף vigorously disputed this practice, although per the decision of ישיבות it was and is the practice in most ישיבות (ישיבות ישיבות). The writes that if he started his meal a half hour before עמוד he does not need to interrupt his meal, being as how he started ...

There is a principle in תוספות called תוספי--one who listens, it is as if he has answered. תוספות (also brought down in the ש"ע) learns this to mean that, for example, if a person is davening , and he is unable to answer שמונה עשרה, he may pause, listen (and then resume davening afterwards), and his listening is considered as if he had answered. Another situation brought down in שלחן ערוך is if someone hears יהא/קדיש and before he puts on the שמיה רבה after having put on his תפילין של יד and before he puts on the שמיה ווא המילין של יד (over food, or a מצוה hears אמן are still אמן, if they had in mind to be ברכה; of course they should endeavor to answer (אמן provided that they were not מצוה between the hearing of the מצוה), provided that they were not מצוה between the hearing of the מצוה.